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EAR SURGERY
FACIAL SKIN CANCER
MAXILLOFACIAL SURGERY
FACIAL PLASTIC SURGERY
OTOLARYNGOLOGY
ENDOSCOPIC SINUS SURGERY
HEAD AND NECK SURGERY
AUDIOLOGY AND HEARING AIDS

Post-Op Myringotomy (Ear Tubes) Home Instructions

Activity

- Patient may go back to his/her normal routine.
- Patient may return to school/daycare/work the day after surgery.
- Patient may eat normal foods.

Medicine

- Patient may take Tylenol or Motrin in the dose for his/her age and weight.
- Your doctor may ask someone to put drops into the ears after surgery. If you have been given a prescription for drops at the time of surgery, place three (3) drops in each ear three (3) times a day for five (5) days. If drainage continues, call the office for an appointment.

Care of the Ears

- The ears may drain for a few days. The drainage may be bloody. You may need to clean the outer opening of the ears with a moist Q-Tip.
- Sometimes the patient will have thick, yellow drainage without any pain or fever. If this lasts longer than 24-hours, start using the ear drops. Clean ear with Q-tip prior to using drops.
- Bath and pool water are OK to get in the ears. Avoid getting water from lakes or ponds or ocean in the ears. Ear plugs are available at our office and should be used for this.
- The tubes will work themselves out on average in six months to a year. The patient may still pull at his/her ears, but if they are infected, they should drain. Patients should be seen for regular check-ups until the tubes come out of the ears.

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