

JOHN W. CURRENS, M.D.
RONALD W. LANE, M.D.
FRANK M. MELVIN, M.D.
ROBERT B. MOORE, M.D.
TED B. RHENEY, JR., M.D.
JASON M. ROBERTS, M.D.
STEPHEN R. SEAL, M.D.



Asheville Head, Neck and Ear Surgeons, P.A.

EAR SURGERY
FACIAL SKIN CANCER
MAXILLOFACIAL SURGERY
FACIAL PLASTIC SURGERY
OTOLARYNGOLOGY
ENDOSCOPIC SINUS SURGERY
HEAD AND NECK SURGERY
AUDIOLOGY AND HEARING AIDS

Post-Op Mastoidectomy/Cochlear Implant Home Instructions

Activity

Up and about at home but avoid vigorous, strenuous activity for _____
Do not blow nose for 2 weeks.
Keep mouth open if you sneeze.

Care of the Ear

- You may be given an ear dressing before leaving the hospital or surgery center. Wear for 72 hours and may then wear while sleeping only until follow up appointment.
- Remove the old cotton ball from your ear each morning. Place fresh cotton ball and place it in the ear.
- You may wash your hair out but keep ear dry.
- Keep the ear dry for _____.
- If given ear drops, begin using 1 week after surgery unless instructed otherwise.
- Place drops in ear to loosen packing.
- Ear should drain over several days and packing will come out.
- Cochlear Implant patient will NOT have packing in the ear

What to Expect

- Thin brown or red tinged fluid will drain from the ear.
- You may notice a full sensation with popping sounds during the healing period.
- We will not test your hearing for at least 6 weeks after surgery and hearing loss may be expected immediately post-op due to packing.
- You may expect mild dizziness for a few days—do not worry about this unless the dizziness is severe.
- You may have sharp shooting pains which is normal.
- Taste disturbance and mouth dryness are common for a few weeks after surgery.

Call Our Office For

Discharge from the ear that becomes yellow or green and has a foul odor. Symptoms of a cold. Fever of 101 degrees Fahrenheit after the first 24 hours from surgery.

ASHEVILLE	EAST ASHEVILLE	BREVARD	HENDERSONVILLE	MARION
1065 Hendersonville Rd. Asheville, NC 28803 (828) 254-3517 FAX (828) 253-6960 1-800-228-3127	1000 Centre Park Dr. Asheville, NC 28805 (828) 254-3517	188 Medical Park Dr. 7-B Brevard, NC 28712 (828) 884-6702	709-D North Justice St. Hendersonville, NC 28791 (828) 698-2350	20 W. Medical Park Dr., Suite 2 Marion, NC 28752 (828) 652-9620